

7th Annual

2010

Greencastle Turkey Trot 5K Run/Walk & 1K Kids' Race

2010

South Central Community Action Program



Canned Food & Sneaker Collection
Please bring as many nonperishable canned food items and your old running shoes for collection!



Thursday, November 25th, 2010 9:00 A.M.
Greencastle-Antrim HS Campus/300 S. Ridge Ave.
(Hosted by the Greencastle-Antrim HS Cross Country Team)

CHANGING THE WORLD
ONE PAIR AT A TIME

Course: starts and ends on outdoor track in rear of building and follows nearby town streets. (5K/3.1 miles)
Awards: Trophies and Turkeys will be given to the overall male and female champions. Awards and turkeys will also be given to the top **three** finishers in each age group.
T-Shirts: All pre-registrants are guaranteed a Short-Sleeve t-shirt.
Registration: Begins at 7:30 A.M. in the HS cafeteria. 5K Trot Start: 9 A.M.
Cost: \$20 before 11/12/10 \$25 after 11/12/10
Both check and entry form must be in director's hands by 11/12/10 to be considered pre-registered.
Return checks and forms to: Rich Secrest 14769 Bain Rd. Mercersburg, PA 17236
Make Checks payable to: Greencastle Running Club
Questions: Contact Rich Secrest richsecrest@greencastleflyers.com or 717-360-7557
Kids' Race Start: 8:30 A.M. for children 9 and under, course is 1K in length. Entrants in the kids' race will receive a free t-shirt.
Race Pictures and Results will be posted at www.greencastleflyers.com (Event will be held Rain or Shine)

PLEASE COMPLETE ALL INFORMATION, DETACH BELOW AND RETURN TO RICH SECREST
Make sure to keep top portion for your reference!

Name: _____ Age(on race day): _____

Address: _____ Email: _____

Phone: _____ Date of Birth: _____

T-Shirt Size: **Adult Sizes:** S _____ M _____ L _____ XL _____ XXL _____ Gender: M _____ F _____

Youth Sizes: (Kids' Race Only) S _____ M _____ L _____ XL _____

Please Check One: 5K Turkey Trot _____ or "Free" Kids' Race _____ (9 and under only and will receive a free t-shirt)

Select Age Group: (circle one) 10 – 12 13 – 15 16-19 20-29 30-39 40-49 50-59 60-69 70 and over

RELEASE & CONSENT FORM: In consideration of the acceptance of my entry/my child's entry, I for myself or my child, our executors, administrators, and assignees....do hereby release and discharge the organizers of this race and all other sponsors and organizers of all claims and damages, actions whatsoever in any manner arising out of my/my child's participation in said athletic event. I attest and verify that I have full knowledge of the risks involved in this event and I am/my child is physically fit and sufficiently trained to participate in this event. Further, I hereby grant full permission to any all of the foregoing to use my/my child's name, photographs, videotapes, motion pictures, recordings or any other record of this event for any legitimate purpose without compensation or remunerations.

Athlete Signature: (parent/guardian must sign for runners under 18 years of age) _____