

5 Mile Redneck Road Race

5 Mile Evening Run / Fun Walk

for

Relay For Life

May 30, 2009 at 6:00pm

LOCATION: Hampshire Park on South Branch River Rd, Romney, WV

DIRECTIONS: Rt 50 at Blue Bridge on West side of Romney.

Approx 3 miles on South

Branch River Rd. Park is on left. Kid friendly park, alot of play area.

COURSE: Rolling country road, out and back. Starting and ending at the park.

AWARDS: 5K awards- top male and female overall finishers

Top 3 male and female finishers in each age group

(14 & under, 15-19, 20-29, 30-39, 40-49, 50-59, 60 and

up)

Fun Walk awards- 1st male and female walker overall

Survivor awards- 1st and 2nd place male and female

overall

REGISTRATION: 4:30PM - 5:30PM

ENTRY FEES: \$15.00 (\$20.00 postmarked after May 15th, 2009)

SURVIVOR FEES: \$10.00 (\$15.00 postmarked after May 15th, 2009)

Questions or Information: 304-822-4000 or

hampshirecounty5k@yahoo.com

or goto eteamz.com & search for hampshirecounty5k

Refreshments & Beverages available after race.

Door Prizes!!!!





5 Mile Redneck Road Race Entry

Form

Make checks payable to: Hampshire County 5k *

Mail to: Hampshirecounty5k (c/o Robert Hawk, Sr) Hc 65 Box 6245 Romney, WV 26757

Name:(Print) _____ **Age on 5/30/09:** _____

Entry Fee: \$15.00

Address: _____ **SEX: M / F**

(after 5/15/09 \$20.00)

City, St, Zip: _____

Survivor Fee: \$10.00

Phone #: _____ **SHIRT SIZE: S M L XL**

(after 5/15/09 \$15.00)

Email Address: _____

Check One: 5 Mile run _____ **or Fun walk** _____

WAIVER: I hereby release from liability Relay For Life, Hampshire County, Hampshire Parks & Recreation,

Queen City Striders, RRCA, Hampshire Park, all sponsors, race officials, and anyone connected in anyway with

The Hampshire County 5K Organization or The 5 mile Redneck Road Race for any injury or ailment resulting from

my participation in the above stated race.

SIGN:(parents sign if under 18 yrs old) _____

DATE: _____

Hampshire County 5k is a registered organization name.