

7th Annual Musselman Invitational Cross Country Meet

- Date:** August 29, 2009
- Where:** Poor House Farm Park
Martinsburg, West Virginia
- Course:** A 5K course run on the grounds of Poor House Farm Park. The course is mostly grass, with rolling hills, wood trails, and a stream crossing.
- Awards:** Trophies for 1st and 2nd place Varsity Teams (B & G)
Medals for 1-10 Varsity Runners (B & G)
Medals for 1-5 JV Runners (B & G)
- Meet Schedule:** 8:00 a.m. Course open
10:00 a.m. Coaches meeting
10:30 a.m. Varsity girls race (7 runners)
11:10 a.m. Varsity boys race (7 runners)
11:45 a.m. Combined JV race (unlimited)
12:30 p.m. Awards
- Facilities:** You may bring a tent for you team. The park does have bathrooms available. Please pick-up all trash before leaving for the day.
- T-shirts:** Musselman Invitational T-shirts will be available for purchase at the meet. All shirts will be made on the premises by American Screen Printing.
- Entry Fee:** \$75.00 per High School
Make checks payable to: Musselman High School
Deadline is **8/25/2009**
- Rosters:** Please send team rosters by **August 21** to:
Musselman High School
Attn: Kenny Campbell
Fax: 304-229-1959
Or send by email to Kenny Campbell:
musselmancc@verizon.net or klcampbe@access.k12.wv.us
- Parking:** Follow signs and attendants. Admission charge will be \$5.00 per person.