North County High School
18th Annual Knights Invite
April 17, 2009

Date: Friday April 17th, 2009 (rain date: Monday April 20th, 2009)
Meet starts at 3:45 PM; Coaches Meeting at 3:30 PM

Location: North County High School
10 East First Ave.
Glen Burnie, MD 21061

Facility: 8 Lane 42" rubberized very fast, wide radius track

Entries: Each team is permitted 3 entries in each individual event, 1 relay team for the relay events

Entry Fee: $125.00/school. Entry fee deadline is April 8, 2009
Please send entry fees to: Ed Harte
North County High School
10 East First Ave.
Glen Burnie, MD 21061

Entry Procedure: Entries will be completed online at CoachO.com. The deadline for entry submission is Wednesday April 8, 2009.

Awards: Custom made medals will be awarded to the Top 4 finishers in each event.

Outstanding Performance: The media covering the meet will choose this. A trophy will be awarded to the top male and female performer for the best mid-season performance in a single event.

Meet Sanctioning: The meet is sanctioned by the MPSSAA.

Meet Procedures:
All Events are finals.
Competitors in the long and triple jump will have 6 jumps (no finals); the horizontal jumps will have an open pit.
Schools must bring their own blocks.
This meet will utilize FinishLynx F.A.T. timing.
This is a fast paced meet; completed in 3.5-4 hours.

Contact Information:
Meet Director - Ed Harte - (s) 410-222-6970; (h) 410-789-7560; eharte@aacps.org
Computer/Entries - Gerard Filosa - (s) 410-887-1217; (c) 443-204-2175 efilosa@bcps.org