

Schools Attending:

Berkeley Springs  
Briar Woods (Va.)  
Clarke County (Va.)  
Clarksburg (MD.)  
Fort Hill (MD.)  
Hedgesville (WV)  
James Wood (Va.)  
Jefferson  
Martinsburg (WV.)  
Millbrook (Va.)  
Musselman  
Skyline (Va.)  
Washington (WV)  
Williamsport (Md.)

# Jim Taylor Relays



# March 28, 2009

4x800 (B)	Loudoun Valley, 8:29.4, 2004
<b>Lunch Break</b>	

Event	Meet Record
4x1600 (G)	Millbrook, 23:16, 2007
Discus (B)	Martinsburg, 379'9.5", 2004
Shot Put (G)	Stone Bridge, 101'6", 2004
Long Jump (B)	Berkeley Springs, 59'6", 2007
High Jump (G)	Hedgesville, 14'8", 2006
Pole Vault (B)	Hedgesville, 29'6", 2004
4x1600 (B)	Millbrook, 19:28.0, 2008
4x200 (G)	Jefferson, 1:49.03, 2005
4x200 (B)	Jefferson, 1:30.4, 2005
Shuttle Hurdle Relay (G)	Jefferson, 1:09.61, 2004
Shuttle Hurdle Relay (B)	Hedgesville, 1:01.20, 2008
Discus (G)	Hedgesville, 251'1", 2006
Shot Put (B)	Bowling Brook, 133'10", 2006
Long Jump (G)	Hedgesville, 44'5", 2004
High Jump (B)	Stone Bridge, 17'8", 2005 Clarke County, 17'8", 2006 Broad Run, 17'8", 2008
Pole Vault (G)	Hedgesville, 22'0", 2005
4x800 (G)	Millbrook, 10:20.8, 2008

Event	Meet Record
Sprint Medley Relay (100-100-200-400) (G)	Jefferson, 1:54.82, 2005
Sprint Medley Relay (100-100-200-400) (B)	Loudoun Valley, 1:38.75, 2004
Distance Medley Relay (1200-400-800-1600) (G)	Millbrook, 13:33.95, 2007
Distance Medley Relay (1200-400-800-1600) (B)	Millbrook, 11:04.06, 2008
4x100 (G)	Stonebridge, 51.24, 2008
4X100 (B)	Jefferson, 43.58, 2005
Kings/Queens Thrower 4x100 Relay (Non Scoring, Co-ed: 2 boys+2 Girls)	James Wood, 55.22, 2008
4x400 (G)	Jefferson, 4:18.0, 2005
4X400 (B)	Jefferson, 3:31.0, 2005

*Jim Taylor is a longtime resident of Jefferson County who served as the JHS Head track coach from 1974 to 1995. He guided the boys track team to its first state championship in 1994. Under his leadership, the*

*Cougar track teams became a perennial powerhouse.  
He influenced countless individuals along the way...*

*Thanks Coach Taylor!*