

THE WISE PUMA TRACK CLASSIC
DATE: MARCH 28TH 2009

Make check payable to: Dr. Henry A. Wise High School



Dr. Henry A. Wise High School
12650 Brooke Lane
Upper Marlboro, MD 20772

- START TIME: 9AM
- COACHES MEETING: 8AM
- COST: \$100 PER TEAM & \$150 FOR BOTH
- 3 ATHLETES PER EVENT & A & B RELAY
- MEDALS FOR TOP 3
- "FAT TIMING"

ORDER OF EVENTS

Track

1. 400m Hurdles
2. 100/110 Hurdles (semis)
3. 100m Dash (semis)
4. 4x800m Relay
5. 100/110m Hurdles (Final)
6. 100m Dash (Final)
7. 1600m Run
8. 4x200m Relay
9. "Break"
10. 400m Dash
11. 3200m Run
12. 300m Hurdles
13. 200m Dash
14. 800m Run
15. 4x100m Relay
16. 4x400m Relay

Field Events

1. Long Jump
 2. Triple Jump
 3. High Jump
 4. Shotput
 5. Pole Vault (Maybe)
- ***No Discus***

Directions to School

Take Exit 11 Pennsylvania Ave, Turn slight Left to take Richie Marlboro Rd Ramp. Turn Left onto Richie Marlboro Rd. turn Right onto Brooke Lane go down half a mile and school is locate don your left side.